Tips for Building Lifelong Readers

A Teacher’s Guide to Integrating the 3 Domains of Reading

- PHYSICAL: Developing silent reading fluency and stamina
- COGNITIVE: Building vocabulary and comprehension
- EMOTIONAL: Increasing interest, confidence, and motivation
Integrate, don’t isolate, the 3 domains of reading.

**PHYSICAL**
Developing silent reading fluency and stamina

**COGNITIVE**
Building vocabulary and comprehension

**EMOTIONAL**
Increasing interest, confidence, and motivation

When students read independently, they don’t engage with each domain of reading in isolation from the others. They engage with all three simultaneously – and effective reading instruction must do the same.

It must build essential physical skills, provide personalized, leveled content that develops cognitive skills, and tap into students’ interests to build confidence and motivation.
Make Reading Comfortable and Productive

PHYSICAL
Developing silent reading fluency and stamina
How efficiently a student’s eyes move across lines of text is a physical skill. Students who labor to read haven’t yet developed this skill. Instead of easily scanning lines of text, their eyes stop, fixate, and regress. They’re putting all their energy into trying to see and comprehend the letters and words on the page. These students fall behind in vocabulary, comprehension and motivation.

To build silent reading fluency, students must develop physically efficient eye movement. Physically efficient eye movement increases rate and stamina. It makes reading more productive and comfortable.

To see the above videos in action view this PDF in Adobe Reader.
Develop physical skills to improve stamina.

Just **40 hours of Reading Plus** can result in students reading up to **4x more efficiently**

**OF INDEPENDENT SILENT READING**
- @ 50 WPM
  - **250 WORDS READ**
- @ 200 WPM
  - **1000 WORDS READ**
Make reading comfortable and productive.

“I can read with ease now, instead of just slowly putting my finger on the page and reading it.”

Xavier, 9th Grade Student

THE PHYSICAL DOMAIN OF READING

The essential, yet overlooked, key to silent reading fluency and stamina

PHYSICAL
COGNITIVE
EMOTIONAL
RESOURCES
2 Build Deeper Knowledge and Understanding

COGNITIVE
Building vocabulary and comprehension
There are about 1 million words in the English language and not enough time to teach them all. But some words do more to help students achieve academic success. Reading Plus uses a proprietary, research-based list of foundational academic vocabulary. These 2,400 words are members of rich morphological families, so learning them provides students with a basis to recognize and understand 10,000 highly frequent, academic words within texts and across curriculum.

2,400 WORDS TAUGHT = 10,000 WORDS LEARNED
Focus on vocabulary.

Research shows vocabulary is the best indicator of text complexity. Yet readability measures emphasize sentence length. Shorter sentences do result in texts with lower readability scores, but the student is left to struggle with vocabulary that is too complex. Reading Plus proprietary texts match students with the vocabulary level that allows them to build word knowledge and comprehension.

Lexile = 900
We do not simply cut sentences because this is what happens. A Lexile can change if you play around with sentences. We work in a different way because we know vocabulary is critical (since it is the better predictor of comprehension).
Our sentence lengths are appropriate and they increase in length as students advance through the program.

Mean Sentence Length = 14.25
Vocabulary Difficulty = 3.62

Lexile = 230
We do not simply cut sentences. Because this is what happens. A Lexile can change. If you play around with sentences. We work in a different way. Because we know vocabulary is critical. Since it is the better predictor of comprehension.
Our sentence lengths are appropriate. And they increase in length as students advance through the program.

Mean Sentence Length = 5.70
Vocabulary Difficulty = 3.62
Ask the questions that reveal a deeper understanding.

Which animals have stripes?

How do stripes protect animals from predators?

It’s essential that students have the skills to understand deeper meaning of texts, not just the ability to recite memorized facts. Reading Plus comprehension questions are crafted to ensure students develop a full understanding of both the explicit and implicit details of a text.
Go beyond multiple choice.

Use a variety of question formats to better assess understanding.

**SEQUENCE (DRAG & DROP)**

Multiple choice questions are limited to asking “What happened first?”. A drag-and-drop sequence question can test a student’s understanding of multiple steps or events in a sequence.

**JUDGING VALIDITY (TEXT HIGHLIGHTING)**

A text highlighting question assesses a student’s ability to identify evidence in the text to support claims, arguments, or statements that an author makes.
Help students learn to help themselves.

When proficient readers are unsure about something they’ve read, they have a simple solution: Go back and reread the text. For many struggling readers, this skill needs to be developed and encouraged.

Reading Plus includes a “REREAD” option for comprehension questions. Students learn the practical skill of revisiting the text to successfully complete challenging comprehensions tasks rather than to avoid them.
For meaningful comprehension, students need all the pieces.

To build comprehension, Reading Plus provides practice with more than 20 subskills.

- Close Reading
  - Identifying Explicit Details
  - Drawing Conclusions, Making Inferences
- Image Scaffolds
  - Recognizing Author's Purpose
  - Recognizing Persuasive Devices: Slant and Bias
  - Recognizing Persuasive Devices: Fact and Opinion
  - Recognizing Mood and Tone
- Use of Language
  - Predicting Outcomes
  - Analyzing Setting, Plot, and Character
  - Analyzing Cause and Effect
- Comparative Reading
  - Recognizing Author's Purpose
  - Recognizing Persuasive Devices: Slant and Bias
  - Recognizing Persuasive Devices: Fact and Opinion
  - Recognizing Mood and Tone
- Structure
  - Judge Validity
  - Reasoning
- Interaction of Ideas
  - Interpreting Images and Maps
  - Interpreting Word Meaning: Definitions
- Reasoning and Rhetoric
  - Interpreting Word Meaning: Figurative Language
  - Interpreting Analogies
  - Visualizing
- Main Idea and Themes
  - Examining Text Structure
  - Examining Sequence of Ideas and Events
  - Examining Genre
  - Compare, Contrast, and Integrate
  - Classify
  - Determining Main Idea
  - Determining Themes
  - Determining Relative Importance
  - Summarizing
Connect reading with writing.

Writing enhances comprehension

Writing prompts that ask evidence-based questions test students’ deep understanding of what they’ve read.

Reading Plus provides writing tasks that encourage a close and critical analysis of texts.

Text-based writing prompts ask students to investigate aspects of the selection, combine information from the text with background knowledge, and conduct additional research when appropriate.
We understand. Teachers don’t have time for big data. In today’s classroom, information has to be easy-to-read and easy to act upon. But data can help make instruction more effective and increase progress.

Reading Plus provides simple dashboards that support teachers in making data-driven decisions and organizing supplemental online instruction.

The Reading Plus Skill Report identifies students with similar skill deficiencies to help teachers facilitate targeted small group and one-on-one instruction.
Let Student Interest Lead to Higher Achievement

**EMOTIONAL**
Increasing interest, confidence, and motivation
Let students choose from a range of topics.

Students who can choose texts that interest them are more engaged in reading. More engaged students become better readers, and better readers become lifelong readers.

Reading Plus lets students bring their personal interests into their reading practice by letting them choose from 8 high interest categories.
"I used to think I just didn’t like reading at all, but Reading Plus made me realize I do like reading. I have to find a topic that I like and then I enjoy reading."

Sophie, 7th grade student

THE EMOTIONAL DOMAIN OF READING
Increasing interest, confidence, and motivation
To increase motivation, first measure it.

Research shows that reading success and motivation are a two-way street. Highly motivated students read up to 3x more than those with low motivation. Many programs claim to increase motivation, but few actually measure it. The Reading Plus Insight assessment captures data and reports on students’ motivation. Teachers can measure and track progress on this key indicator of reading success.

MOTIVATION

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<th>LEGEND</th>
<th>BENCHMARK 1</th>
<th>BENCHMARK 2</th>
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BENCHMARK 1: VERY LOW, LOW, NEUTRAL, HIGH, VERY HIGH
BENCHMARK 2: LOW, NEUTRAL, HIGH, VERY HIGH, VERY LOW
To build confidence, develop all 3 domains simultaneously.

When students read independently their physical skills, cognitive abilities, and emotions are all working simultaneously. Yet most reading programs focus on only one of these three domains and try to develop it by isolating it from the others. The result: students lack the stamina to keep up, or struggle with mismatched vocabulary and texts, or lose any interest in reading.

- **PHYSICAL**: The pace that makes reading comfortable, and builds rate and stamina.
- **COGNITIVE**: The texts that are crafted to build vocabulary and comprehension.
- **EMOTIONAL**: The choices that match interest, and increase motivation and performance.

The Reading Plus Integrated Reading program develops all three domains of reading simultaneously. Students get what they need, when they need it, at the pace that works best for their development and success.
“The fact that it builds confidence causes attitude changes.”

Dr. Mary Lewis, Academic Coach
Center for Creative Arts

“Confidence is the main thing. You see the change inside of them and they realize, ‘Oh, I can do this!’”

Megan Giesel, Special Education Teacher
Red Bank High School

THE EMOTIONAL DOMAIN OF READING
Increasing interest, confidence, and motivation
Learn from our research.

Efficiency: The Gateway to Comprehension and Motivation

To learn more about the importance of the Physical domain to building lifelong readers, download our free research brief.

READ NOW ➤
Reading Motivation and Reading Success: A Two-Way Street

To learn more about the critical relationship between motivation and reading proficiency, download our free research brief.

READ NOW
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